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CONGRATULATIONS to our Fall Team Fitness Challenge Winners!

Team with the Highest Average Points: **MacAddies Baddies**

A Random Winner Who Earned the 30-Day Streak Badge: **DMS Excellence**

Team with the Best Fall Photo: **Fall Vibes CRES**

A Team with the Highest Average number of Days Meeting the Daily Step Goal: **DHS Diamond Diggers**



IMPORTANT DATES TO REMEMBER:

- December 1- Cyber Monday
- December 2- Giving Tuesday
- December 7- Pearl Harbor Remembrance
- December 14- Hanukkah
- December 21- Winter Solstice
- December 22-January 6: Christmas Break
- December 24- Christmas Eve
- December 25-Christmas
- December 31- New Years Eve
- January 5- DISD Staff Returns
- January 7- DISD Students Return



Holiday Health Resources for TRS-ActiveCare Participants

As the Christmas break approaches, the HR Department would like to provide you with helpful information to support your health and wellness during the holiday season.

RediMD	Teladoc
TRS-ActiveCare Primary TRS-ActiveCare Primary+ TRS-ActiveCare 2	TRS-ActiveCare Primary TRS-ActiveCare Primary+ TRS-ActiveCare 2
\$0*	\$12*
TRS-ActiveCare HD	TRS-ActiveCare HD
\$30*	\$42*

Both RediMD and Teladoc offer convenient virtual visits for minor illnesses, medical guidance, and general care without the need to visit a doctor's office.



24/7 Nurse Line
1-833-968-1770

Available exclusively to TRS-ActiveCare participants, this round-the-clock nurse line connects you with a registered nurse who can help answer routine medical questions and guide you to the appropriate level of care.

TRS Virtual Health Services

Your TRS-ActiveCare plan includes access to Teladoc and RediMD virtual health platforms. You and your family can receive quality care from home, at work, or while traveling—anytime you need it.

For instructions on how to register and get started with Teladoc and RediMD, please follow this [LINK](#).



CRESCENT BREAKFAST TART

For Christmas morning, or any other morning! 😊



Ingredients

- 1 can crescent dough
- 6 eggs
- 2/3 cup white cheddar
- 4 slices cooked bacon
- kosher salt
- Freshly ground black pepper
- 1 Tbsp. Chopped chives, for garnish



Directions

1. Preheat oven to 400° and line a medium baking sheet with parchment paper. Place crescent dough on baking sheet and pinch seams together.
2. Fold edges of dough in to create a crust. Crack eggs onto crescent dough and sprinkle with cheese. Place bacon on top and season all over with salt and pepper.
3. Carefully transfer baking sheet to oven and bake until crust is golden and egg whites are set, 10 to 15 minutes.
4. Garnish with chives. Slice into squares and serve warm.

Safety Tip from Claims Administrative Services

Holiday decorations are fun, until they spark trouble! Improper use of extension cords is one of the top causes of workplace fires this time of year. Overloading outlets, tangled wires, and running cords in walkways may seem harmless, but they can lead to serious safety hazards. Let's keep it festive AND prevent accidents before they happen.



Winter Pay Date Prep!

As we head into a busy and festive season, here's a quick reminder to plan ahead for our upcoming winter paycheck dates. A little early planning now can help everything run smoothly through the holidays and into the new year!

Mark your calendars for:
December 12, 2025
December 17, 2025
January 15, 2026

